



## 10 Years of Creating Beautiful Smiles



The winter is over and spring flowers are blooming! It's a great time to catch up with the families in our practices and share some items of interest with you.

We will be celebrating 10 years of creating beautiful smiles this summer! Our practice continues to grow through good times and bad due to the kind referrals of our existing patients. We take that as the highest compliment and would like to say "Thank you."

We placed the names of all the families that have referred new patients to our practice over the past 6 months in a drawing for a \$75 gift card for dinner at Not Your Average Joe's in Newburyport. Our lucky winner was The Eagan family! Thank you to all the families who have helped us grow. We are putting together a patient referral program with a special way to say thank you. Stay tuned for details in the Summer Newsletter!

### Contest Winners

Allie Walsh is our Facebook winner. She won 2 movie tickets!

#### Peabody

Trivia: Alex Mizioch

Patient Raffle: Benjamin Quinn

#### Newburyport

Trivia: Amanda Soucy

Patient Raffle: Anthony Ostrander

The winter contest was a guessing contest. How many ornaments were in the jar? 197 presents and ornaments were in the jar in Peabody and 173 in Newburyport.

Gillian Pagan - Peabody

Shelby Longo -Newburyport



Congratulations to all our winners!

## Upcoming Contests and Events



#### Photo Contest

Have a picture taken of you with your dentist! The patient with the most fun and creative photo submission will win a digital camera!

\*All photos must be 4x6 and must be submitted via email, Facebook or in the office by **May 31, 2010**.



Become a fan of Pavlo Orthodontics on Facebook and post a message on our wall!

You will automatically be entered into a monthly drawing to win 2 movie tickets. Don't forget to upload the best picture of your smile onto our page to show off those beautiful teeth! Winners will be chosen every month. **Contest is open to parents and kids. But please get your parents' permission!**

## Pavlo Orthodontics Sponsors Nock Middle School Theater Production



#### Pavlo Orthodontics Sponsored Nock Middle School's Production of "Little Shop of Horrors" in March 2010

We enjoyed a wonderful night of entertainment from several Pavlo Orthodontics patients that performed in the show: Sarah Simon, Hannah Rikeman, Noah Ireland Painchaud, Brian Phillips, Briana Salah, Drew Bourdeau, Noah Ireland Painchand, DJ McCarthy, Jenni Nelson, Sydney Skaff, Lydia Tomlinson, Annie Kate Gross, Jordan Dunn-Pilz, Sara Simon, Jenna Gallagher, Lori Giunta, Julia Frisch, Colin Budzyna, Lizzie Loignon-Gagnon, Josh Raposa, Delaney Bartol, Ashley Hodge, Zoe Johnson, Robert Landergan, Andrea Peicott, Erin Budzyna, Mark Landergan. *Thank you all for a fantastic performance!*

## Dr. Pavlo Supports Dentistry with a Heart

Dr. Varinos, Dr. Russ, Dr. Pavlicic, Dr. Hatzigiannis, Dr. Tsao & Dr. Pavlo gave back to the community by providing a day of free dentistry on February 12th.

Many thanks to all the volunteers that made Dentistry With A Heart 2010 such a success! All of the staff at Varinos Dental, Dr. George Hatzigiannis and his assistants and Dr. David Tsao. Together, we provided free dentistry to 122 patients that day and gave away over \$76,000 in treatments!



## Patient Updates

Each edition of the Pavlo Orthodontics newsletter focuses on our patients' achievements and stories. "Brag a Little" forms are available in the office or you can submit them via our Facebook page.

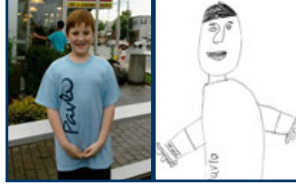
### Patient Stories:

Sarah May (Peabody) - Raced at her track meet against Beverly and got her best time of 20:28. The course was 2.8 miles. *Way to go Sarah! Keep up the great work!*

### Check out our newest Raving Fan!

Stephen Whitehead just got his braces put on. Check out his new pic and fantastic drawing!

*Keep up the good work!*



## Patient of the Month



*Our team has decided to honor Steven Simkins as our Patient of the Month. He was able to put his elastics on for the very 1st time in seconds with no mirror! Incredible!*

*Congratulations and great job!*

## Team News

### New Team Members Alicia Dowling and Monica Hubner



#### Alicia Dowling

Alicia received her Orthodontic Assisting Certification from the Academy of Orthodontic Assisting in 2004 and has been in the field for 6 years. She is currently working towards her Associates Degree in Dental Hygiene from NH Technical Institute in Concord NH. In 2005, she received her x-ray certification from Tufts University in Boston, MA. Alicia lives in Epping, NH with her son Blake, boyfriend Harris and their little family of animals, Rusty, Brady and Bella. When she's not working and attending school she loves to spend every minute she can with her family.



#### Monica Hubner

Monica joined the team in May and thoroughly enjoys working in orthodontics. She has been working in the field for several years and is certified in Dental Radiology from Tufts University. Prior to joining Pavlo Orthodontics, she worked with Boston University's Dental Health Care Center. Monica is originally from Brazil, but has lived in the United States for over 10 years. She ran track and played volleyball as an athlete representing Sogipa, where she received a full sports scholarship. Monica resides in Boxford and enjoys being with her son, Michael, exercising, biking, playing tennis, dining, and spending time in Newburyport.

### CPR Certification Course

The entire team at Pavlo Orthodontics hosted and participated in a CPR Certification Course along with Dr. Tsao, Dr. Guldemond, and Dr. Koglin's office on May 6, 2010. The course was run by When Seconds Count, Inc., an Accredited Training Agency through the Massachusetts Department of Public Health Office of Emergency Medical Services. *All team members and participants passed with flying colors!*

## Orthodontic Treatment for Adults



### Karen's Story

Some people buy a new car or other big toy during their mid-life crisis. I chose to get braces. I figure very few things are perfect in life, so why not have perfect teeth and a beautiful smile. So begins my journey down Braces Lane...

Were they that bad? No. Some days it was not fun eating, but who doesn't like milk shakes, frappes and frozen yogurt? The little sacrifices like nuts, popcorn, gum and nachos wasn't always easy, especially when I watched my boys enjoying them.



Yet, I had that final image of that million-dollar smile in my head. Boy, I couldn't wait to knock people out when I flashed my new smile. I also enjoyed the compliments I received about how young I looked. So would I do it all over? Yes! My new smile was worth the sacrifice and Dr. Pavlo did a fabulous job. So Dr. Pavlo changed my smile... Now I can change the world!

*Thank you Dr. Pavlo and all of our patients and families who helped me along this journey.*

*--Karen Frusteri*

*We look forward to seeing you at one of our locations:*

Peabody Office  
215 Newbury Street  
Suite 101  
Peabody, MA 01960  
Phone: (978) 535-5353

Newburyport Office  
1 Harris Street  
Suite 1  
Newburyport, MA 01950  
Phone: (978) 463-5353

[www.pavlobraces.com](http://www.pavlobraces.com)



*Keep Smiling!  
Dr. Pavlo and Team*